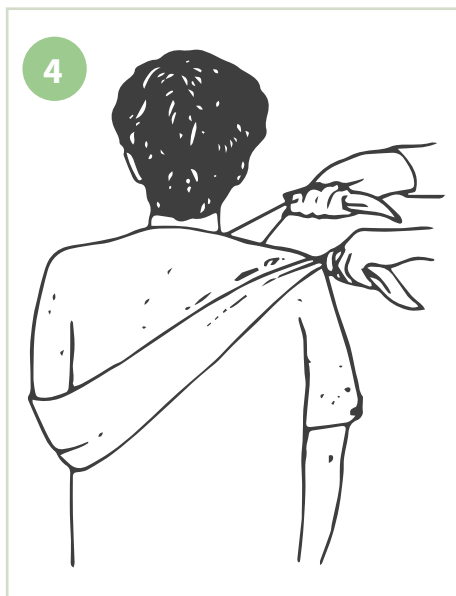
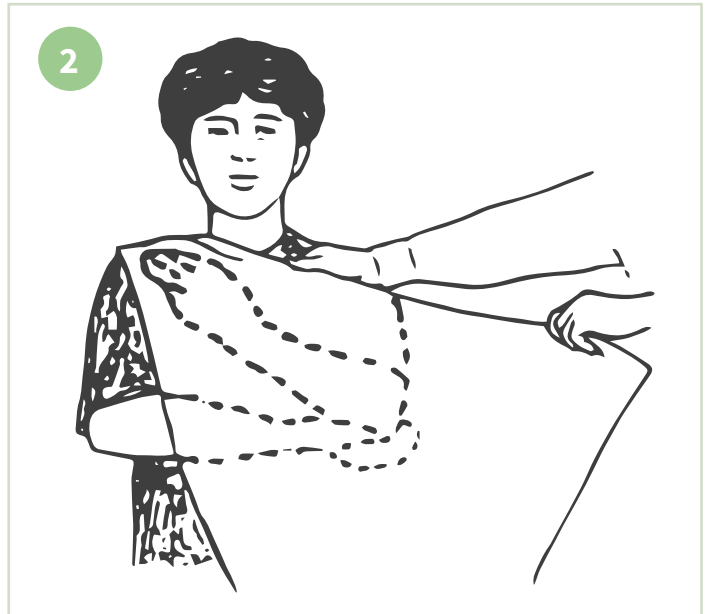
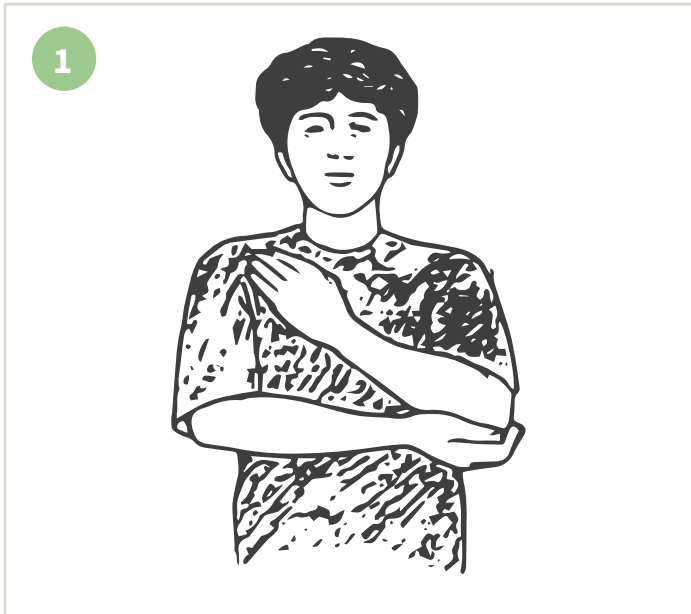




Elevation Sling



- Arm across chest, fingertips touching collar bone on opposite side.
- Make sure arm is supported at all times
- Work from injured side.
- Start with bandage draped over the arm, point towards the elbow on the injured side.
- Bring the lower end up diagonally across the back.
- Tie a reef knot at the hollow over the collar bone on the uninjured side, and tuck ends under.
- Remind the casualty to tell you if the elevated hand feels numb.